

The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement

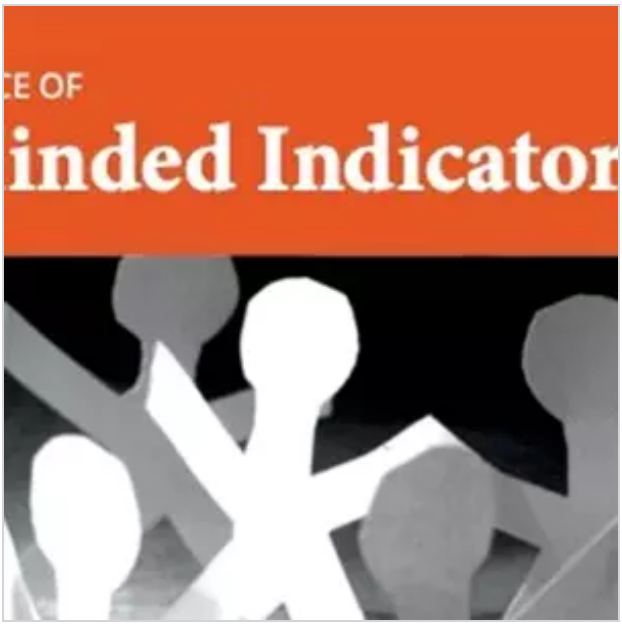
The author introduces the healing-centered approach. This approach views those exposed to trauma as agents in the creation of their own well-being rather than victims of traumatic events.

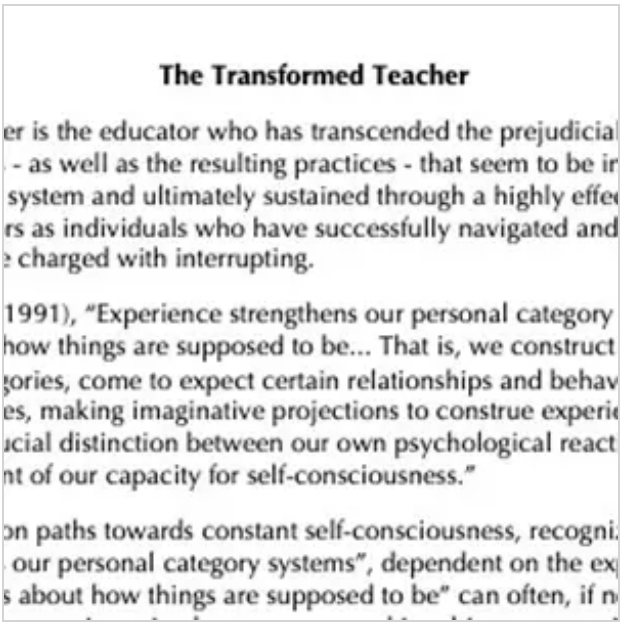
READ MORE

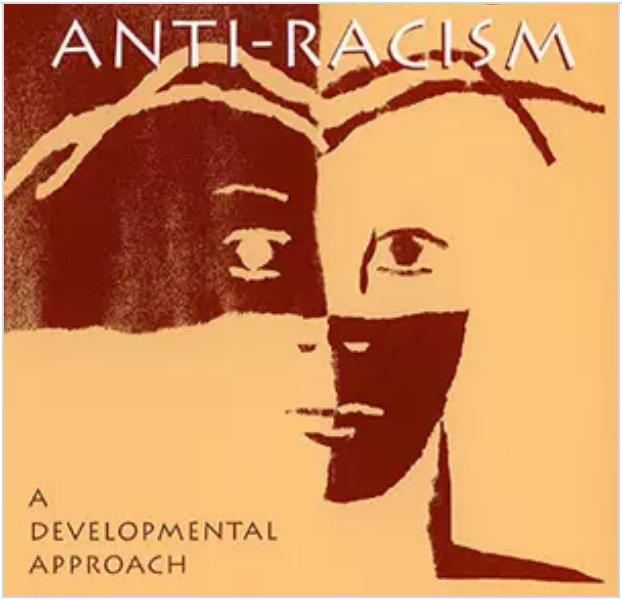
LIBERATORY THINKING | POLICY | TEACHING AND LEARNING | ARTICLE

From time to time, researchers, policy makers, philanthropy and practitioners all join together in a coordinated response to address the most pressing issues facing America's youth. I've been involved with this process for long enough to have participated in each of these roles. I recall during the early 1990s experts promoted the term "resiliency," which is the capacity to adapt, navigate and bounce back from adverse and challenging life experiences. Researchers and practitioners alike clamored over strategies to build more resilient youth.

Related Tools







Teaching/Learning Anti-Racism

Louise Derman-Sparks, Carol Brunson Phillips

Was this page helpful?

YES NO

CHICAGO

CHICAGO PUBLIC SCHOOLS

42 W. Madison Street
Chicago, IL 60602
773-553-1000

Chicago Public Schools

Chicago Public Schools | OFFICE OF EQUITY

FOLLOW US:

SUBSCRIBE:

Our Newsletter

© 2026 Chicago Public Schools | 1.0.9776 | EP